



Dorset Primary Care Clinical Research Group



Research in collaboration with the Dorset Primary Care Clinical Research Group

What is clinical research?

Clinical research is the single most important way in which we improve our healthcare by identifying the best means to prevent, diagnose and treat conditions.

Clinical trials help doctors understand how to treat a particular illness. It may benefit you, or others like you, in the future. If you take part in a clinical trial, you may be one of the first people to benefit from a new treatment. But there's also a chance that the new treatment turns out to be no better, or worse, than the standard treatment.

All studies are designed differently depending on what is being researched. Regulation around research is tight – rules are there to ensure that every phase of a trial or study is run safely.

Before being given to people for the first time, all drugs are checked for safety in the laboratory. Following this, new treatments, or new uses for existing treatments, are tested in various stages known as “phases”. This helps establish what becomes a new medicine and what doesn't.

Phase 1 involves a small number of people and are usually “healthy volunteers”

Phase 2 is used to find out whether a drug works, whether it's safe and what the side effects are. This is usually when the drug is tried in the patient population it is aimed to treat

Phase 3 and 4 involve larger numbers of people and are designed to assess how the treatment works, compared with existing treatments, while continuing to assess side effects and risks.

For more detailed information please refer to the following websites;

www.nhs.uk/conditions/clinical-trials

<https://bepartofresearch>

Research Collaboration in Dorset Primary Care

The UK Government published a policy in March 2021; **Saving and Improving Lives: The Future of UK Clinical Research Delivery**. The policy outlines a clear vision to embed clinical research at the heart of patient care across the NHS, and to make research open to everyone.

Within Dorset, Primary Care research is growing, and we are committed to engaging in research to provide a variety of opportunities for our patients. Not every practice has all the facilities and staff required to run research studies. In order that we can offer our patients access to a wider range of research opportunities, we are working together with other practices across Dorset as part of the **Dorset Primary Care Clinical Research Group (DPCCRG)**. The DPCCRG incorporates a number of research-active practices in the Poole and Bournemouth area who work in collaboration together, which is led by The Adam Practice. The Adam Practice have a large research team who have over 10 years research experience.



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Depending on the requirements for the study visits, visits may take place at your local practice or at another location. This may be at one of the other collaborating practices or at The Adam Practice at the Upton surgery.

Your name may be identified through a database search run by our surgery as being potentially suitable for a particular study. If this happens, you may receive information about a study from our team by telephone call to ask if you are interested in taking part. This may be followed up with a text or email. You may also be sent information about a study which requires you to actively register your interest on a secure website “landing platform” if you would like to take part.

Taking part in research is completely voluntary and we will provide information about the study, including the risks and benefits of taking part via the study-specific Patient Information Sheet, so that you are able to make an informed decision. We would encourage you to speak to family members and friends to discuss the study at length so you are making a fully informed decision to take part.

Some studies can only be conducted at Practices which have the necessary facilities required by the sponsors of the trials. This means that some study visits may take place at one of the Practices working together as part of the Collaboration, which may not be where you are registered. If this is the case, and you are interested in taking part, you will be asked for your consent to share your personal information with the Practice where the study is being conducted. There are strict Data Protection rules in place to protect your data which we adhere to. Please ask for further information if required.

If you do not wish to be contacted about research, please let the surgery know so this is clear on your record.

Information about the studies we are running are posted on our practice website and The Adam Practice website, so if you see a study that may be relevant to you, you are welcome to contact us.

Contact Details;

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